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Contemporary Dentistry and Implantology

PORCELAIN VENEERS

We have placed porcelain veneers on your teeth. These restorations were placed with the finest materials and techniques available today. You should be aware of the following things about your restoration because, as with a fine automobile or watch, only your continuing care and concern can assure optimum service longevity.

Chewing: As with natural teeth, avoid chewing excessively hard foods on the veneered teeth (hard candy, ice, bones, etc.) because under extreme forces, the porcelain material can be broken from the teeth.

Recalls: Visit us for examinations and check-ups at your regular six-month examination periods or during recommended recall visits. Often problems that are developing with the veneers can be found at an early stage and repaired easily, whereas waiting for a longer time may require redoing the entire restoration.

Preventative Procedures: To provide optimum longevity for your restorations, and to prevent future dental decay or supporting tissue breakdown, please use one of the following preventive procedures.

----- Brush with a toothpaste containing fluoride and floss after eating and before bedtime.

----- With a fluoride rinse, swish vigorously for at least 30 seconds - ideally immediately before bedtime. A fluoride gel, used as directed, is also helpful.

The Future: We expect that you will receive **many years** of service from these veneers; however, certain situations occasionally occur that necessitate restoration replacement. Extreme force or trauma can break porcelain veneers just as it can break natural teeth. Use care in sports or other potentially traumatic situations. Do not bite extremely hard objects with a single tooth. Breakage usually requires remaking the restoration, but occasionally it can be repaired.

Call us if you notice any changes or have any questions about your veneers.